About Us

Root and Branch is a full service acupuncture and herbal medicine clinic. We dispense herbs straight from our medicinary that is used by practitioners across the country.

Clinically we focus on internal medicine and pain conditions. Most patients we see get herbs and acupuncture for their primary health concern weekly, bi-weekly or monthly.



Get in Touch

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Scan the QR code to schedule a FREE conversation about how Chinese medicine can help!

Mystery Pain?

IT'S REAL

Even if they're not sure why you are experiencing it...



Your experience

Muscles that ache for no obvious reason.

Joint pain that seems to migrate or flare.

Feeling inflamed, swollen, or generally puffy.

Fatigue that accompanies pain.

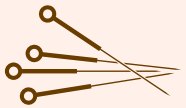
Symptoms that improve for a while, then return.

Periodic flares where everything feels worse.



When pain, fatigue, and inflammation seem to come and go without a clear explanation, Chinese medicine offers another way to understand the pattern of discomfort.

Acupuncture + Chinese Herbs



Acupuncture can help interrupt patterns of pain and tension, support circulation, and help the body shift out of a recurring flare.

Rather than chasing each symptom as it appears, we work toward changing the root problem that keeps bringing the symptoms back.



Chinese herbal medicine can work alongside acupuncture to address deeper patterns contributing to pain, fatigue, digestion, sleep, and recovery.

We can help

You don't need to arrive with a diagnosis.

You can come with the pain, fatigue, flares, and sense that something isn't quite right.

Chinese medicine sees all of your experiences as a connected whole and gives us another way to help your body move toward greater ease and comfort.

