Chinese medicine considers all of your health experiences as a whole

- Menstrual Cycle and Ovulation
- Uterine and Pelvic Health
- Digestion and Nourishment
- Sleep and Recovery
- Stress and Nervous System Regulation
- Energy and Overall Health

Contact us

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ROOT & BRANCH CHINESE MEDICINE
PORTLAND OREGON

Fertility & CHINESE MEDICINE





We are here for you

About Us

At Root & Branch, we practice Chinese medicine because we know that your symptoms are worth listening to. Acupuncture and Chinese herbal medicine give us different ways to understand what is happening in your body and support meaningful change.

We take time to look at the whole picture, not just the symptom that brought you through the door. Your cycle, digestion, sleep, energy, stress, and other patterns in your body can all offer important clues. Treatment is individualized because your body is not the same as anyone else's.

Your fertility journey is more than a collection of numbers.

Fertility care can quickly become a world of stats, medications, appointments, and waiting. It can be easy to lose sight of the person.



At Root & Branch, your experience is always front and center because this is about helping you feel like your best-self.

Our Offers

SUPPORTING THE WHOLE CYCLE

Your body isn't doing the same thing every day. Chinese medicine takes the changing phases of the menstrual cycle into account when developing treatment.

YOUR FERTILITY JOURNEY

Whether you're just beginning to try, preparing for IVF, navigating a complicated fertility history, pregnant after treatment, or recovering postpartum, we can meet you where you are.

Fertility treatment can involve a lot of appointments, numbers, medications, and waiting. Chinese medicine offers a place to pay attention to the person experiencing all of it.

PREGNANCY AND BEYOND

Chinese herbal medicine and acupuncture can also be used thoughtfully throughout pregnancy for: nausea and vomiting, sleep, digestion, headaches, and musculoskeletal pain.